

EMAC Championship

5/27/2022 - Concordia College, Saint Paul

Varsity Men Team Scores (17 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Thr	Jmp	Oth
1 Twin Cities Academy/Great	195	0	66	48	8	11	62	0
2 Math & Science Academy	135	0	58	21	14	21	21	0
3 Avail Academy	128	0	63	0	14	25	26	0
4 Liberty Classical Academy	38	0	17	0	0	21	0	0
5 Academy for Sciences & Ag	30	0	20	5	0	0	5	0

Varsity Women Team Scores (17 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Thr	Jmp	Oth
1 Math & Science Academy	230.5	0	95	23	16	48	48.5	0
2 Twin Cities Academy/Great	154.5	0	59	17	16	27	35.5	0
3 Avail Academy	54	0	31	8	0	0	15	0
4 Liberty Classical Academy	47	0	21	14	1	0	11	0

Varsity Mens 4x800 Relay

Team	Time	Pts
1 Math & Science Academy A	10:02.29	5
2 Avail Academy A	10:09.86	3
3 Twin Cities Academy/Great River A	11:32.79	1

Varsity Womens 4x800 Relay

Team	Time	Pts
1 Math & Science Academy A	12:07.94	5
2 Twin Cities Academy/Great River A	12:48.71	3

Varsity Mens 110m Hurdles

Name	Yr Team	Time	Wind	Pts
1 Ericdarren Daafour	7 Math & Science Acade	20.65	NWI	10
2 Oskar Buterin	10 Twin Cities Academy/	20.73	NWI	8
3 Hsu Shue	10 Twin Cities Academy/	21.12	NWI	6
4 Luke Runquist	10 Twin Cities Academy/	21.23	NWI	5
5 Seth Engstrom	10 Twin Cities Academy/	22.30	NWI	4
6 Markos Yiangou	8 Math & Science Acade	24.28	NWI	3
7 Terreon Rhodes	11 Academy for Sciences	25.77	NWI	2

Varsity Womens 100m Hurdles

Name	Yr Team	Time	Wind	Pts
1 Malia Hyatt	7 Math & Science Acade	19.80	NWI	10
2 Bria Peng	8 Math & Science Acade	20.54	NWI	8
3 Siena Rousseau	8 Twin Cities Academy/	20.84	NWI	6
4 Joie Voss	10 Twin Cities Academy/	23.05	NWI	5
5 Addy Dixon	8 Liberty Classical Ac	23.08	NWI	4

Varsity Mens 100 Meters

Name	Yr Team	Time	Wind	H#	Pts
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1 Isaiah O'Connor	12 Twin Cities Academy/	11.28	NWI	2	10
2 Alvin Karngar	10 Avail Academy	11.35	NWI	2	8
3 Ericdarren Daafour	7 Math & Science Acade	12.54	NWI	2	6
4 Talik McKay	9 Academy for Sciences	12.70	NWI	1	5
5 Colin Anderson	9 Liberty Classical Ac	12.82	NWI	1	4
6 Timothy Williams	9 Academy for Sciences	12.83	NWI	2	3
7 Kalile Hainey	12 Math & Science Acade	12.85	NWI	1	2
8 Jalen McKay	9 Academy for Sciences	12.88	NWI	2	1
9 Adonis Osborn	12 Twin Cities Academy/	12.91	NWI	2	
10 Joseph Doh	10 Twin Cities Academy/	12.93	NWI	2	
11 Michael Young	11 Twin Cities Academy/	12.98	NWI	1	
12 Alvin Lee	10 Math & Science Acade	13.62	NWI	1	
13 Bhanu Kousik Kankanala	10 Math & Science Acade	14.56	NWI		2

Varsity Womens 100 Meters

Name	Yr Team	Time	Wind	H#	Pts
1 Zoe Rahberg	12 Twin Cities Academy/	13.37	NWI	2	10
2 Libby Farr	12 Avail Academy	13.59	NWI	2	8
3 Malia Hyatt	7 Math & Science Acade	13.85	NWI	2	6
4 Sophia Anderson	9 Liberty Classical Ac	14.17	NWI	2	5
5 Chloe Lee	8 Math & Science Acade	14.54	NWI	2	4
6 Kate Ling	12 Avail Academy	14.74	NWI	2	3
7 Lily Dobrotka	8 Liberty Classical Ac	15.09	NWI	2	2
8 Ce'Nyah Artega	8 Twin Cities Academy/	15.15	NWI	1	1
9 Lily Leach	8 Liberty Classical Ac	15.40	NWI	2	
10 Tahlia Fahrendorff	8 Twin Cities Academy/	15.52	NWI	1	
11 Liyah Sargeant	8 Twin Cities Academy/	15.82	NWI	1	
12 Anna Makarova	7 Math & Science Acade	16.00	NWI	1	
13 Hailey Krisko	9 Math & Science Acade	20.99	NWI	1	

Varsity Mens 4x200 Relay

Team	Time	Pts
1 Avail Academy A	1:36.38	5
1) Alvin Karngar	2) Luke Van Geest	
3) Zachariah Schaap	4) Deacon Bock	
2 Math & Science Academy A	1:52.80	3
1) Bhanu Kousik Kankanala	2) Jackson Eide	
3) Ricky Lopez	4) Alvin Lee	
5) Alex Nyenhuis	6) Ebere Amadi	
3 Twin Cities Academy/Great River A	1:55.04	1
1) Toby Miko	2) Emilio Avina	
3) Alexander Vittori	4) Aries McLaurin	
5) Mass Ka	6) Luke Runquist	
7) Yassir Hamouchi		

Varsity Womens 4x200 Relay

Team	Time	Pts
1 Twin Cities Academy/Great River A	1:28.41	5
1) Ce'Nyah Artega	2) Joie Voss	
3) Vindhya Thompson	4) KT Osborne	
5) Liyah Sargeant	6) Yamile Castro-Duran	
2 Math & Science Academy A	1:35.65	3
1) Sydney Bryan	2) Jana Hafiz	
3) Hlina Yehalashet	4) Lily Stout	

5) Bria Peng

Varsity Mens 1600 Meters

Name	Yr Team	Time	Pts
1 Justin Kroeze	10 Avail Academy	5:03.04	10
2 Daniel Jensen	11 Math & Science Acade	5:16.46	8
3 Liam Caldwell	8 Math & Science Acade	5:19.66	6
4 Liam Carlson	8 Twin Cities Academy/	5:25.80	5
5 Cade Verbeek	10 Liberty Classical Ac	5:27.39	4
6 Anderson Schuttinga	9 Avail Academy	5:30.24	3
7 Teague Winsell	8 Twin Cities Academy/	5:37.69	2
8 Jackson Scheel	10 Twin Cities Academy/	6:19.02	1
9 Jourdon Moua	11 Math & Science Acade	7:15.00	
10 Nico Healy	8 Twin Cities Academy/	7:50.94	

Varsity Womens 1600 Meters

Name	Yr Team	Time	Pts
1 Grace Nhan	12 Math & Science Acade	5:39.30	10
2 Micaila Marcelle	12 Twin Cities Academy/	6:15.32	8
3 Sylvia Brodd	8 Math & Science Acade	6:24.02	6
4 Lilian Schauer	8 Twin Cities Academy/	6:26.35	5
5 Eliana Abebe	8 Math & Science Acade	7:03.03	4

Varsity Mens 4x100 Relay

Team	Time	Pts
1 Twin Cities Academy/Great River A	52.69	5
1) Josiah Whyte 2) Alexander Vittori		
3) Emilio Avina 4) Michael Young		
5) Adonis Osborn 6) Aries McLaurin		
7) Joseph Doh		
2 Math & Science Academy A	53.92	3
1) Ericdarren Daafour 2) Ricky Lopez		
3) Bhanu Kousik Kankanala4) Alvin Lee		
5) Alex Nyenhuis 6) Simon Tatro		
7) Ebere Amadi		
3 Avail Academy A	55.09	1
1) Maliki Polowchak 2) Justin Kroeze		
3) Roman Bock 4) Mason Colacicco		

Varsity Womens 4x100 Relay

Team	Time	Pts
1 Twin Cities Academy/Great River A	58.65	5
1) KT Osborne 2) Joie Voss		
3) Nora Weiss 4) Siena Rousseau		
5) Vindhya Thompson 6) Ce'Nyah Artega		
7) Emma Nier		
2 Math & Science Academy A	59.93	3
1) Sylvia Brodd 2) Anna Makarova		
3) Maria Makarova 4) Bria Peng		
5) Hlina Yehalashet		

Varsity Mens 400 Meters

Name	Yr Team	Time H#	Pts
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1 Isaiah O'Connor	12 Twin Cities Academy/	54.23	3	10
2 Luke Van Geest	10 Avail Academy	55.40	3	8
3 Zachariah Schaap	10 Avail Academy	56.52	3	6
4 Nathanael Rahberg	10 Twin Cities Academy/	56.68	3	5
5 Jackson Eide	10 Math & Science Acade	1:00.38	2	4
6 Jalen McKay	9 Academy for Sciences	1:00.62	3	3
7 Anish Valluri	10 Math & Science Acade	1:01.91	3	2
8 Joseph Doh	10 Twin Cities Academy/	1:02.56	2	1
9 Gabe Condiff	10 Avail Academy	1:02.70	3	
10 Michael Roberts	10 Twin Cities Academy/	1:05.18	1	
11 Alex Nyenhuis	8 Math & Science Acade	1:05.21	1	
12 Talik McKay	9 Academy for Sciences	1:05.77	2	
13 Timothy Williams	9 Academy for Sciences	1:06.24	2	
14 Eliot DeCaire	9 Math & Science Acade	1:06.48	2	
15 Terreon Rhodes	11 Academy for Sciences	1:13.87	1	

Varsity Womens 400 Meters

Name	Yr Team	Time H#	Pts	
1 Greta Hansen	11 Math & Science Acade	1:03.78	2	10
2 Zoe Rahberg	12 Twin Cities Academy/	1:07.38	2	8
3 Maria Makarova	10 Math & Science Acade	1:08.21	2	6
4 Mia Knutsen	10 Avail Academy	1:09.08	1	5
5 Malia Schleusener	11 Liberty Classical Ac	1:10.98	2	4
6 Lily Stout	12 Math & Science Acade	1:16.75	2	3
7 Emma Nier	8 Twin Cities Academy/	1:18.11	2	2
8 Rasana Mamdani	8 Twin Cities Academy/	1:19.31	2	1
9 Mia Roach	9 Liberty Classical Ac	1:19.34	2	
10 Catriona Hertel	12 Math & Science Acade	1:22.83	1	
11 Miriam Schauer	10 Twin Cities Academy/	1:23.48	1	

Varsity Mens 300m Hurdles

Name	Yr Team	Time	Pts
1 Seth Engstrom	10 Twin Cities Academy/	51.41	10
2 Kaliie Hainey	12 Math & Science Acade	51.94	8
3 Hsu Shue	10 Twin Cities Academy/	52.35	6
4 Oskar Buterin	10 Twin Cities Academy/	54.16	5
5 Luke Runquist	10 Twin Cities Academy/	55.60	4
6 Terreon Rhodes	11 Academy for Sciences	1:02.73	3
dq Lincoln Bock	9 Avail Academy	NT	

Varsity Womens 300m Hurdles

Name	Yr Team	Time	Pts
1 Sophia Anderson	9 Liberty Classical Ac	55.39	10
2 Kate Ling	12 Avail Academy	57.74	8
3 Siena Rousseau	8 Twin Cities Academy/	58.54	6
4 Sylvia Brodd	8 Math & Science Acade	1:03.43	5

Varsity Mens 800 Meters

Name	Yr Team	Time	Pts
1 Deacon Bock	12 Avail Academy	2:12.47	10
2 Daniel Jensen	11 Math & Science Acade	2:16.55	8
3 Nathanael Rahberg	10 Twin Cities Academy/	2:22.26	6
4 Liam Caldwell	8 Math & Science Acade	2:23.06	5

5 Will Smith	8 Liberty Classical Ac	2:25.56	4
6 Ian Dugas	8 Math & Science Acade	2:27.11	3
7 Liam Carlson	8 Twin Cities Academy/	2:32.92	2
8 Markos Yiangou	8 Math & Science Acade	2:35.26	1
9 Anderson Castro-Lopez	8 Twin Cities Academy/	2:44.93	
10 Terreon Rhodes	11 Academy for Sciences	3:21.00	

Varsity Womens 800 Meters

Name	Yr Team	Time	Pts
1 Brooke Schultz	12 Math & Science Acade	2:29.94	10
2 Amelia Applebee	9 Math & Science Acade	2:30.95	8
3 Aria Peng	11 Math & Science Acade	2:37.69	6
4 Micaila Marcelle	12 Twin Cities Academy/	2:43.43	5
5 Lilian Schauer	8 Twin Cities Academy/	2:51.22	4
6 Gabrielle Wilson	9 Twin Cities Academy/	3:16.01	3
7 Miriam Schauer	10 Twin Cities Academy/	4:00.50	2

Varsity Mens 200 Meters

Name	Yr Team	Time	Wind	H#	Pts
1 Isaiah O'Connor	12 Twin Cities Academy/	23.02	NWI	2	10
2 Alvin Karngar	10 Avail Academy	23.07	NWI	2	8
3 Jalen McKay	9 Academy for Sciences	26.42	NWI	1	6
4 Colin Anderson	9 Liberty Classical Ac	26.46	NWI	1	5
5 Seth Engstrom	10 Twin Cities Academy/	26.83	NWI	2	4
6 Michael Young	11 Twin Cities Academy/	27.05	NWI	2	3
7 Talik McKay	9 Academy for Sciences	27.30	NWI	1	2
8 Emilio Avina	9 Twin Cities Academy/	27.98	NWI	1	1
9 Mason Colacicco	10 Avail Academy	28.52	NWI	2	
10 Roman Bock	10 Avail Academy	28.56	NWI	1	
11 Ricky Lopez	7 Math & Science Acade	29.10	NWI	1	
12 Aashish Valluri	9 Math & Science Acade	30.61	NWI	2	
13 Caleb Boudjouk	10 Math & Science Acade	31.22	NWI	1	

Varsity Womens 200 Meters

Name	Yr Team	Time	Wind	H#	Pts
1 Libby Farr	12 Avail Academy	28.33	NWI	2	10
2 Zoe Rahberg	12 Twin Cities Academy/	29.21	NWI	2	8
3 Sophia Anderson	9 Liberty Classical Ac	29.43	NWI	2	6
4 Mia Knutsen	10 Avail Academy	29.89	NWI	2	5
5 Chloe Lee	8 Math & Science Acade	30.17	NWI	2	4
6 Lily Dobrotka	8 Liberty Classical Ac	31.25	NWI	2	3
7 Ce'Nyah Artega	8 Twin Cities Academy/	31.37	NWI	2	2
8 Lily Leach	8 Liberty Classical Ac	31.43	NWI	2	1
9 Liyah Sargeant	8 Twin Cities Academy/	32.40	NWI	1	
10 Vindhya Thompson	10 Twin Cities Academy/	32.78	NWI	1	
11 Anna Makarova	7 Math & Science Acade	34.29	NWI	1	
12 Hlina Yehalashet	8 Math & Science Acade	36.75	NWI	1	
13 Sydney Bryan	8 Math & Science Acade	37.71	NWI	1	

Varsity Mens 3200 Meters

Name	Yr Team	Time	Pts
1 Justin Kroeze	10 Avail Academy	11:24.92	10
2 Miles Mattes	11 Math & Science Acade	13:01.59	8
3 Teague Winsell	8 Twin Cities Academy/	13:27.08	6

4 Brady Krisko	11 Math & Science Acade	13:35.15	5
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Varsity Womens 3200 Meters

Name	Yr Team	Time	Pts
1 Greta Hansen	11 Math & Science Acade	12:26.71	10
2 Jana Hafiz	7 Math & Science Acade	16:46.41	8

Varsity Mens 4x400 Relay

Team	Time	Pts
1 Avail Academy A	3:52.22	5
1) Luke Van Geest	2) Zachariah Schaap	
3) Lincoln Bock	4) Deacon Bock	
2 Math & Science Academy A	4:05.11	3
1) Jackson Eide	2) Liam Caldwell	
3) Samuel Ellingson	4) Daniel Jensen	
5) Ian Dugas	6) Miles Mattes	
7) Eliot DeCaire	8) Brady Krisko	
3 Twin Cities Academy/Great River A	4:18.42	1
1) Josiah Whyte	2) Nathanael Rahberg	
3) Seth Engstrom	4) Liam Carlson	
5) Joseph Doh	6) Anderson Castro-Lopez	
7) Michael Young	8) Mass Ka	

Varsity Womens 4x400 Relay

Team	Time	Pts
1 Math & Science Academy A	4:35.97	5
1) Maria Makarova	2) Grace Nhan	
3) Chloe Lee	4) Brooke Schultz	
5) Amelia Applebee	6) Aria Peng	
2 Twin Cities Academy/Great River A	4:58.21	3
1) Micaila Marcelle	2) Lilian Schauer	
3) Nora Weiss	4) Emma Nier	
5) Miriam Schauer	6) Siena Rousseau	
3 Liberty Classical Academy A	5:09.94	1
1) Mia Roach	2) Malia Schleusener	
3) Addy Dixon	4) Lily Dobrotka	

Varsity Mens Long Jump

Name	Yr Team	Mark	Wind	Pts
1 Isaiah O'Connor	12 Twin Cities Academy/	20-06.00	NWI	10
2 Luke Van Geest	10 Avail Academy	17-04.00	NWI	8
3 Josiah Whyte	7 Twin Cities Academy/	16-09.50	NWI	6
4 Talik McKay	9 Academy for Sciences	16-00.00	NWI	5
5 Samuel Ellingson	10 Math & Science Acade	15-11.00	NWI	4
6 Ian Dugas	8 Math & Science Acade	15-10.50	NWI	3
7 Oskar Buterin	10 Twin Cities Academy/	15-03.00	NWI	2
8 Emilio Avina	9 Twin Cities Academy/	15-02.50	NWI	1
9 Jalen McKay	9 Academy for Sciences	14-09.00	NWI	
10 Ricky Lopez	7 Math & Science Acade	12-00.00	NWI	

Varsity Womens Long Jump

Name	Yr Team	Mark	Wind	Pts
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1 Sophia Anderson	9 Liberty Classical Ac	14-06.50	NWI	10
2 Zoe Rahberg	12 Twin Cities Academy/	14-03.50	NWI	8
3 Malia Hyatt	7 Math & Science Acade	14-01.00	NWI	6
4 Mia Knutsen	10 Avail Academy	14-01.00	NWI	5
5 Nora Weiss	9 Twin Cities Academy/	13-03.00	NWI	4
6 KT Osborne	8 Twin Cities Academy/	12-03.00	NWI	3
7 Jana Hafiz	7 Math & Science Acade	10-11.00	NWI	2
8 Addy Dixon	8 Liberty Classical Ac	10-10.00	NWI	1
9 Emma Nier	8 Twin Cities Academy/	10-04.00	NWI	
10 Hlina Yehalashet	8 Math & Science Acade	8-10.00	NWI	
11 Sydney Bryan	8 Math & Science Acade	7-11.50	NWI	

1 Adam Pearson	12 Liberty Classical Ac	42-04.00		10
2 Roman Bock	10 Avail Academy	36-05.00		8
3 Kalile Hainey	12 Math & Science Acade	35-04.50		6
4 Benjamin Mohrland	10 Twin Cities Academy/	31-04.50		5
5 Adonis Osborn	12 Twin Cities Academy/	31-01.50		4
6 Gabe Condiff	10 Avail Academy	28-05.00		3
7 Tim Morhland	8 Twin Cities Academy/	27-01.00		2
8 Aashish Valluri	9 Math & Science Acade	25-03.50		1
9 Mass Ka	9 Twin Cities Academy/	25-01.00		
10 Maliki Polowchak	9 Avail Academy	22-08.50		
11 Markos Yiangou	8 Math & Science Acade	20-01.50		
12 Billy Schafer	8 Math & Science Acade	14-07.25		

Varsity Mens Triple Jump

Name	Yr Team	Mark	Wind	Pts
1 Hsu Shue	10 Twin Cities Academy/	33-07.75	NWI	10
2 Luke Runquist	10 Twin Cities Academy/	33-03.25	NWI	8
3 Caleb Boudjouk	10 Math & Science Acade	29-05.75	NWI	6
4 Branyan Sutaya	8 Twin Cities Academy/	28-10.75	NWI	5
5 Miles Mattes	11 Math & Science Acade	28-09.25	NWI	4
6 Liam Caldwell	8 Math & Science Acade	27-09.50	NWI	3
7 Oskar Buterin	10 Twin Cities Academy/	27-06.50	NWI	2
8 Alex Nyenhuis	8 Math & Science Acade	27-04.00	NWI	1

Varsity Womens Shot Put

Name	Yr Team	Mark	Pts
1 Greta Hansen	11 Math & Science Acade	28-07.75	10
2 Tahlia Fahrendorff	8 Twin Cities Academy/	26-09.00	8
3 Trinity Cherry	8 Twin Cities Academy/	24-06.00	6
4 Jada Schultz	10 Math & Science Acade	24-03.75	5
5 Olivia Usselman	10 Math & Science Acade	22-04.50	4
6 Maria Makarova	10 Math & Science Acade	21-11.50	3
7 Joie Voss	10 Twin Cities Academy/	15-07.50	2
8 Gabrielle Wilson	9 Twin Cities Academy/	14-07.00	1

Varsity Womens Triple Jump

Name	Yr Team	Mark	Wind	Pts
1 Mia Knutsen	10 Avail Academy	30-08.50	NWI	10
2 Malia Hyatt	7 Math & Science Acade	30-06.00	NWI	8
3 Brooke Schultz	12 Math & Science Acade	28-05.00	NWI	6
4 Nora Weiss	9 Twin Cities Academy/	28-00.25	NWI	5
5 Micaila Marcelle	12 Twin Cities Academy/	26-08.50	NWI	4
6 Amelia Applebee	9 Math & Science Acade	26-04.50	NWI	3
7 Rasana Mamdani	8 Twin Cities Academy/	22-00.00	NWI	2

Varsity Mens Discus

Name	Yr Team	Mark	Pts
1 Adam Pearson	12 Liberty Classical Ac	122-08	10
2 Kalile Hainey	12 Math & Science Acade	112-09	8
3 Daniel Jensen	11 Math & Science Acade	95-11	6
4 Zachariah Schaap	10 Avail Academy	82-08	5
5 Roman Bock	10 Avail Academy	81-09	4
6 Gabe Condiff	10 Avail Academy	73-05	3
7 Maliki Polowchak	9 Avail Academy	61-04	2
8 Will Smith	8 Liberty Classical Ac	60-02	1
9 Tim Morhland	8 Twin Cities Academy/	56-10	
10 Benjamin Mohrland	10 Twin Cities Academy/	55-10	
11 Michael Roberts	10 Twin Cities Academy/	54-02	
12 Jackson Eide	10 Math & Science Acade	53-10	
13 Brady Krisko	11 Math & Science Acade	53-00	
14 Zachary Severy-Hoven	8 Twin Cities Academy/	49-10	

Varsity Mens High Jump

Name	Yr Team	Mark	Pts
1 Deacon Bock	12 Avail Academy	5-09.00	10
2 Lincoln Bock	9 Avail Academy	5-06.00	8
3 Hsu Shue	10 Twin Cities Academy/	5-00.00	6
4 Josiah Whyte	7 Twin Cities Academy/	4-06.00	5
5 Aries McLaurin	8 Twin Cities Academy/	4-04.00	4
6 Branyan Sutaya	8 Twin Cities Academy/	4-02.00	3

Varsity Womens Discus

Name	Yr Team	Mark	Pts
1 Lily Stout	12 Math & Science Acade	68-08	10
2 Olivia Usselman	10 Math & Science Acade	67-04	8
3 Trinity Cherry	8 Twin Cities Academy/	63-10	6
4 Greta Hansen	11 Math & Science Acade	56-02	5
5 Tahlia Fahrendorff	8 Twin Cities Academy/	55-11	4
6 Catriona Hertel	12 Math & Science Acade	53-09	3

Varsity Womens High Jump

Name	Yr Team	Mark	Pts
1 Aria Peng	11 Math & Science Acade	4-04.00	10
2 Bria Peng	8 Math & Science Acade	3-10.00	8
3 Brooke Schultz	12 Math & Science Acade	3-08.00	5.5
3 Vindhya Thompson	10 Twin Cities Academy/	3-08.00	5.5
5 Trinity Cherry	8 Twin Cities Academy/	3-06.00	4

Varsity Mens Shot Put

Name	Yr Team	Mark	Pts
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